

JAN PRUIJN COACHING PROGRAM

13 Day Tour

Overnights: Amsterdam 2, Nijmegen 9



QUICK GUIDE

- ✓ Five Dutch Games
- ✓ Two Bundesliga Games
- ✓ Lectures from Soccer Professionals
- ✓ Spend a Day at a Bundesliga and Jupiler Pro Club
- ✓ Watch First Teams Train
- ✓ Post-Game Analysis



MAR 11:

Departure from the USA.

MAR 12: AMSTERDAM:

Arrive in Amsterdam, and check into your hotel. **Jan Pruijn**, your host for the program will welcome you. Later, visit the **Ajax youth complex** where you will watch the **youth teams train**. This evening, Dutch FA Coach, **Ruben Den Uil**, will give a lecture on **"Dutch Soccer & Youth Development."**

MAR 13: NIJMEGEN:

Depart for the **Heerenveen training complex**, where you will have a tour of the complex and the chance to watch the **first team train**. This afternoon, **Foppe de Haan** will give a lecture on **"The Heerenveen Philosophy in Developing Youth"**. This evening, sample your first **professional game** with tickets to watch **Vitesse Arnhem vs. AZ Alkmaar** in the Dutch Premier Division.

MAR 14: NIJMEGEN:

After breakfast, a **video analyst** will take you through last night's game. Depart for Monchengladbach to watch the Bundesliga game, **Borussia Monchengladbach vs. Hannover 96**.

MAR 15: NIJMEGEN:

Today begins with a lecture and training on the **"The Rene Meulenstein Philosophy."** After lunch, depart for Leverkusen to watch **Bayer Leverkusen vs. VFB Stuttgart** in the Bundesliga.

MAR 16: NIJMEGEN:

This morning, a **Goalkeeping Coach** will give a lecture on **"Training, coaching techniques and philosophy."** After lunch, depart for PSV Eindhoven Training complex, to watch the youth team's train followed by a lecture on **"Youth Scouting Structure & Criteria."** This evening, head back to Nijmegen to watch **NEC Nijmegen vs. FC Volendam** in the Dutch First Division.

MAR 17: NIJMEGAN

After breakfast, depart for Germany to spend the day with a **Bundesliga club**. Watch the first team train, followed by a behind-the-scenes **stadium tour**. This afternoon, the **Head of Youth Coaching** will give a lecture followed by an opportunity to observe a **youth team training session**.

MAR 18: NIJMEGEN

Depart for **Papendal**, training complex of **Vitesse Arnhem**. After a tour of the facility, you will have the opportunity to observe a **first team training session**. Later, a Vitesse Arnhem coach will give a lecture on the club's academy.

MAR 19: NIJMEGEN

After breakfast, you will head to Belgium to spend the day at **Racing Genk**. Watch the first team train followed by a behind the scenes **stadium tour**. This afternoon, the **Head of Youth Coaching** will give a lecture on the **"Academy Philosophy."**

MAR 20: NIJMEGEN

After a free morning, depart for Utrecht where you will have a lecture on **"Schooling, Social Development & Individual Guidance in Youth Academy."** In the evening, head to the stadium to watch **FC Utrecht vs. NAC Breda** in Dutch Premier Division

MAR 21: NIJMEGEN

This morning, you will have the opportunity to watch **youth matches** from the **Dutch Premier Division**. Later, depart for Vijverberg Stadium, to watch **De Graafschap vs. Jong AJAX** in the Dutch First Division.

MAR 22: NIJMEGEN

Head back to Amsterdam, to the magnificent **Amsterdam Arena** to watch **Ajax vs. ADO Den Haag**. This evening, Jan Pruijn will give a **"Lecture and evaluation"** of the program.

MAR 23:

Departure for the USA.